

Member Benefits Guide



2026



ASSOCIATION
RESTAURATION
QUÉBEC

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Solutions & Services

ARQ speaks on your behalf to all levels of government, ensuring your establishments thrive under favorable conditions.



Advocate for your interests

Stay informed on the issues affecting your business with webinars covering management, labour standards, human resources, and more. Access practical advice and valuable information through your Member Portal. An exclusive benefit reserved for ARQ members!



Webinars

Our information service provides answers to your questions regarding laws and regulations through the support of a legal advisor.



Keep you informed

5 Regional *Salons*
ARQ Contacts



You'll find more than 50 exhibitors per event and access to exclusive discounts offered by our partners.

Did you know?
By participating, you can save up to 20% on your membership renewal!

Organize events

A Voice That Fights for You



Being an ARQ member means backing an organization that fights for the foodservice industry — and it's working. Our advocacy has delivered real results on several key issues.

1,550

media appearances
in 2024-2025

694

radio interviews

430

print and online
articles

426

television
interviews



Advocacy That Makes a Difference

Workforce

Renewal of Temporary Foreign Worker permits for restaurants in Québec's rural regions, helping maintain operating hours.

Tips

Preservation of the tax credit on tips, providing essential support for many establishments.

Security

Creation of a joint police initiative aimed at combating extortion and arson affecting restaurant operators.

No-Show Reservations

Implementation of penalties for no-show reservations to help reduce costs associated with this issue.

Have a story to share about a regulatory issue affecting your business? Tell us at affairespubliques@restauration.org

Our Partners, Your Advantage

By collaborating with a large network of carefully selected partners, ARQ gives you access to quality products and services at preferential prices.



Benefits for You. Impact for the Industry.



Save Time

Offers are vetted, negotiated, and secured for you. You won't need to negotiate with every supplier yourself.



Savings and Buying Power

Rebates, preferred pricing, and agreements made possible through the collective purchasing power of ARQ members.



Reliability and Expertise

Partners who understand the realities of the restaurant industry.



Personalized Support

Whether through our partners or our team, we are here to help maximize your savings.



Stronger Industry Representation

Every purchase you make helps strengthen ARQ's ability to invest in services, tools, and advocacy for the industry.



Strength in Numbers

Whether you are an independent restaurant or a large chain, every agreement negotiated by ARQ adapts to your reality. **Thanks to the power of its 5,300+ members**, you benefit from exclusive offers without needing to be a major player.

Your Dollar Can Do More

Every purchase helps strengthen our collective buying power. At the same price, you not only benefit from your member advantages, but you also help support your association. Your participation contributes to:

1

Services for Restaurant Operators

Your purchases from participating partners help fund services designed specifically for your industry: information hotline, practical guides, events and trade shows, business tools, industry communications, member resources, etc.

2

A Stronger Voice

ARQ can continue to represent restaurant operators and advocate for their interests with governments and decision-makers.

3

A Stronger Network

The more members use participating partners, the greater the purchasing volume becomes. This gives ARQ more leverage to negotiate better conditions and enhance partner programs over time.

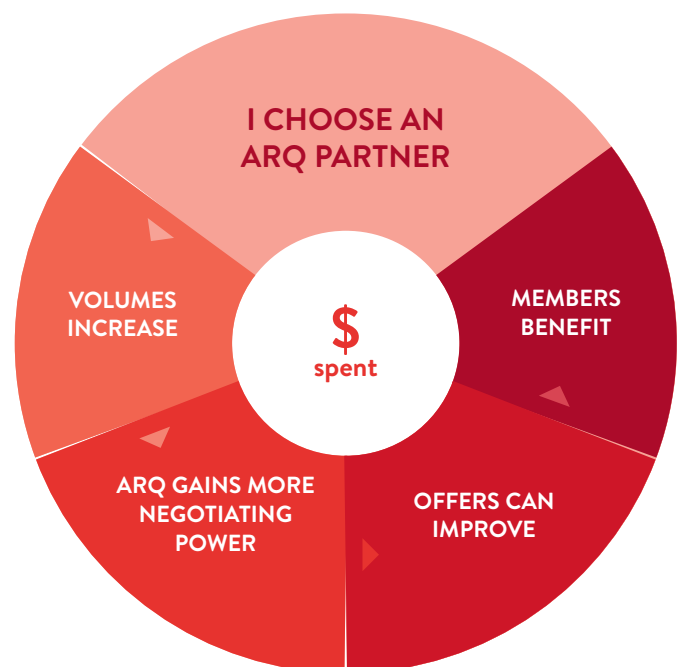
The Power of Collective Purchasing!

When our members choose our partners, the entire ARQ ecosystem benefits.

Your supplier may be able to match the price, but they cannot match everything your dollar provides. **You are not just a spectator in your association. Every choice matters.**



At the Same Price,
Choose an ARQ Partner!



Benefits

From Our Partners

Payments & Management

PAYMENTS SOLUTIONS

Take advantage of competitive pricing (Interchange + 0.18%) and receive a semi-annual cashback rebate of 0.05% on your total credit card transaction volume (Visa, Mastercard, American Express).

ARQ members have access to a dedicated support line, connecting them directly with a restaurant industry specialist.

POINT OF SALES SOFTWARE

A Revenu Québec-certified solution for Web SRM

Benefit from a 6% cashback rebate on the monthly fee and the number of POS requested on the Colossale Cloud POS software.

PAYROLL AND HUMAN RESOURCES MANAGEMENT SOLUTIONS

Benefit from a 15% discount on recurring payroll and self-service fees with Desjardins Employer Solutions. Get the same quality services at a lower cost!

WASTE COLLECTION

Receive a 3% cashback rebate on billed services. Enviro Connexions also offers a minimum discount of 15% during the first year of a 5 year agreement.

WORKFORCE MANAGEMENT

Receive a 10% cashback rebate on your Agendrix subscription, a workforce management solution that helps you manage employee schedules and timesheets.

Preferential
rates +
Cashback
rebate

 | 

6%
cashback
rebate

 **colossale**
CLOUD POS

15%
discount

 **Desjardins**

3%
cashback
rebate

 **ENVIRO
CONNEXIONS**

10%
cashback
rebate

agendrix

NEW!

Fuel & Energy

NATURAL GAS

Stabilize your budget and avoid market fluctuations with a guaranteed fixed price on your natural gas and compression gas consumption.

GASOLINE

Enjoy a discount of 2.5¢ for every litre of gas purchased for your vehicle fleet, delivery service or personal consumption.

PROPANE GAS

Get competitive and fixed prices as well as 1.25¢ in cashback per liter of propane purchased. Also, get peace of mind with an automatic delivery service and 24-hour emergency assistance.

✓
Guaranteed
fixed price



Save
2,5¢/L



1.25¢/L
cashback
rebate



Insurance

PREVENTION MUTUAL GROUP

Benefit from daily assistance in the management of your CNESST files, as well as a discount of up to 25% on your contributions, thanks to our prevention mutual. In addition, receive a minimum of 13-18% cashback rebate on your invoice at Telus Santé.

INSURANCE

Take advantage of commercial, group and personal insurance services tailored to your needs and benefit from substantial savings on the many types of coverage offered. In addition, discover the selective group insurance program: a unique way to attract and retain your employees!

13% to 18%
cashback rebate

Up to 25%
discount on your
premium



✓
**Custom
coverage**



Our Collaborators

TILL ROLLS

Buy your paper rolls for cash tills and enjoy a personalized inventory management service.

INTERNATIONAL RECRUITING

Get 10% off the services of E&FARM, a company specializing in recruitment, local and international selection, immigration, integration, and language training for the hospitality industry.

LEGAL ASSISTANCE

Enjoy a 15% discount on fees billed by Dufresne Hébert Comeau Avocats, in addition to obtaining a free 30 minutes consultation yearly.

LOCAL AND INTERNATIONAL RECRUITMENT

Benefit from exclusive discounts ranging from 15% to 30% on all Workin Group services, along with complimentary offerings including training sessions and a comprehensive analysis of your HR organization.

LOCAL DIGITAL MARKETING CAMPAIGNS

Receive a 10% discount on the Atelier Direct La Presse self-service platform, enabling you to launch online marketing campaigns tailored to your business objectives.

✓
**Personalized
service**



10%
discount



15%
discount



15% to 30%
discount



10%
discount



NEW!



 Programme
d'achats

Oh!

3,413

participating
members
in 2025

370M\$

purchase
volume with
our partners

9,7M\$

cashback rebates
given last year

Earn a
rebate
with 100+ suppliers

**Buy.
Earn.
Smile.**

Oh!

Take advantage of
surprise promos
from our partners
and save big.



Receive your
**cashback rebate
cheque** directly by
mail every quarter.



Efficiently manage
your purchases
thanks to our
rebate reports.

Check out all our
current promotions!





Wow!

Gordon®

SERVICE ALIMENTAIRE

**Gets you a 1% cashback
rebate on your purchases**
from our official distributor,
Gordon Food Service*

What you typically save with GFS

Spend \$156K, **get back 3.15%**
— that's **\$4,914** a year!

Maximize
your rebate with
our cumulative
options!

Rebate

OPTION - Monthly average purchase per delivery

\$1,200 - \$2,000	+ 0.25%
\$2,000 - \$3,000	+ 0.50%
\$3,000 or over	+ 0.75%

Yes!

OPTION - More options

Fresh fruits and vegetables	+ 1.50%
Have your payments preauthorized (14 days or less)	+ 0.25%
Place your orders online	+ 0.25%

OPTION - Gordon Food Service private brands

Dry and canned products	+ 1.00%
Fresh and refrigerated products	+ 0.50%
Frozen products	+ 1.00%
Non-food items	+ 1.50%
Proteins	+ 0.50%

The following cashback rebates are only applicable on purchases from Gordon Food Service*



- Gets you a **cashback rebate up to 2.2%** on Martin Dessert brand items purchases.



- Gets you a **3% cashback rebate** on Solina Canada brand items purchases.



- **Up to 2% cashback rebate** on your purchases of Export Packers seafood products, including the Ocean Jewel and Toppits brands.



- Gets you a **5% cashback rebate** on Barilla products purchases.



- Gets you a **2% cashback rebate** on all À Table! and Forever Chef purchases.



- Gets you a **2% cashback rebate** on Fromages CDA products purchases.



- **Up to \$5 cashback rebate per crate** on your purchases of McCain products.



- Gets you a **1.5% cashback rebate** on your restaurant kitchen equipment and accessories purchases.



- Gets you a **2% cashback rebate** on your purchases of Levitts products.



- Gets you a **2% cashback rebate** on cooked and vacuum-seal meat (beef, pork and chicken).



- Gets you a **2% cashback rebate** on Galco, Flamingo, Lafleur, Prince and Olymel processed products.



- Gets you a **1% cashback rebate** on standardized meat portions purchases (pork and beef).
- Gets you a **1% cashback rebate** on your purchases of fresh fish and seafood.



- Gets you a **4% cashback rebate** on your purchases of Kraft and Heinz products.



- Gets you a **2% cashback rebate** on your purchases of Gastronomia products.



- **Up to 6% cashback rebate** on your purchases of Canards du Lac Brome.



- Gets you a **4% cashback rebate** on your purchases of Mejicano products.



- Gets you a **2% cashback rebate** of Humanity Bakery companies of pizza doughs, pastry shells and vol-au-vent.

New!

Entegra Guide

Gets you **additional rebates** available on products purchases from more than 80 manufacturers at Gordon Food Service.

Check out these must-have deals!

Get up to 10%
extra rebate
on select products



Liquid eggs, hard-boiled eggs, prepared eggs (free-range)



+ 6-10%



Disposable packaging items



+ 6-10%



Bakery products



+ 6-10%

Check out all 5 categories



Beverages

Packaging

Frozen Products

Equipment

Grocery



Explore the full catalog

Direct Purchases*

On top of all discount available from Gordon Food Service, the following partners are offering rebate when you buy directly from them.



- Gets you a **starting cashback rebate of 7%** of Wonderbrands purchases.



- Gets you a **\$0.11 cashback rebate per litre** (milk or cream).
- Gets you a **\$0.15 cashback rebate per kilogram** (yogurt). Purchased through Lactalis's direct distribution network.
- Gets you a **\$0.16 cashback rebate per kilogram** on cheese or butter. Also available through **Gordon** SERVICE ALIMENTAIRE



- Gets you a **3.5% cashback rebate** on fresh fruits and vegetables.
- Gets you a **1.5% cashback rebate** on any other products purchased from JG Fruits et Légumes.



Compagnie
d'embouteillage
Coca-Cola
Canada Limitée

- Up to \$4 in cashback rebate per crate** on Coca-Cola products. Also available through **Gordon** SERVICE ALIMENTAIRE
Gordon Food Service cashback rebate not applicable.



- Gets you a **15% cashback rebate** on national brands cleaning products through Diversey direct distribution network. Also available through **Gordon** SERVICE ALIMENTAIRE and **v-to**



- Gets you a **2% cashback rebate** on standardized meat portions purchases (pork and beef).
- Gets you a **2% cashback rebate** on your purchases of fresh fish and seafood.



- Gets you a **3% cashback rebate** on all purchases of V-TO products through its distribution network.



- Gets you a **2% cashback rebate** on purchases of cheese curds. Also available through **Gordon** SERVICE ALIMENTAIRE
- Gets you a **2% cashback rebate** on several other Baska products. Available **ONLY** through **Gordon** SERVICE ALIMENTAIRE

New!

Beers*



- Get **up to \$20 back per case** on all Labatt beer purchases.
Rebate amounts may vary depending on your agreement with this partner.



- Gets you a **cashback rebate up to 13%** on all your beer purchases at Distribution Bucké for the following microbreweries and beverages: **MicroBrasserie Charlevoix*** - **Bièrerie Shelton** - **Alchimiste Microbrasserie** - **Collectif Brassicole Ensemble**: Microbrasserie des Cantons, Microbrasserie La Memphré, Bières biologiques Boldwin** - **Flirt Drinks**

*Cashback rebate available for the gluten-free products section.

**Cashback rebate available only for the organic products section.

Wine Catalog

ARQ Buying Program members: boost your rebate with select wines — earn up to 15%! Simply wow!

Take a first look at the selection!

Up to
15%
cashback
rebate!



+7%

Chablis Moillard
France - 750 ml
Hektars



+15%

Cabernet-Syrah JP Chenet
France - 750 ml
Hektars



+7%

Sauvignon Blanc
New Zealand - 750 ml
Oyster Bay



+7%

Pinot Noir
New Zealand - 750 ml
Oyster Bay

oh!

Wow!



Gets you a **7% cashback rebate** on selected Oyster Bay and Barossa Valley Estate brand products.

Oyster Bay
NOUVELLE-ZÉLANDE

BAROSSA
VALLEY
ESTATE

Up to **15% cashback rebate** on selected products from the finest wine-growing regions of France and the world.

HEKTARS

More items here!



Québec Local Food Catalog

1,500+
local products
to discover

ARQ, together with its partners, presents the Québec Local Food Catalog: 1,500+ products, all distributed by Gordon Food Service and certified by Aliments du Québec.

Check out these products!



1257363

Le Pont Tournant Cheese
Fromages CDA



1413622

Corn tortillas
Mejicano



1315617

Asian sesame dressing
Kraft Heinz



1463663

Triple chocolate crunch
Martin Dessert



4331348

Boneless duck breast
Canards du Lac Brome



1454741

Cooked pork tomahawk
Paul le Gourmet



Sign up for the **Aliments du Québec**
on the Menu program

Honoring establishments that highlight
Québec products. Curious about the program?

Check out alimentsduquebec.com

Catalog





Yes!

Save by Buying Local!

The PROGRAM is proud
to partner with ALIMENTS
DU QUÉBEC to help showcase
local products from Québec!



Our Partners



KraftHeinz



MEJI
CANO

Boulangerie
Humanité

LACTALIS SERVICES
ALIMENTAIRES



OLYMEL



Wonderbrands



baska

ARQ Member Space



A must-have tool for every ARQ member!

A space designed to make your life easier

Did you know? As an ARQ member, you benefit from a personalized online space that centralizes the essentials for your business: your member advisor's contact information, your field representative's details, your rebate reports, as well as information and guides reserved exclusively for members.

NEW!

Your Member Space is expanding to provide greater autonomy and simplicity.

KEEP YOUR INFORMATION UP TO DATE IN JUST A FEW CLICKS

No more forms for certain updates! You can now update your establishment's information in MY PROFILE and manage your users in MY USERS.

Is your Member Space not yet activated?

Don't have an account yet? Your representative will be happy to guide you through the activation process. For any other questions, write to us at marketing@restauration.org

6 sections to explore

My Profile

Add or update your business information and watch your profile completion score increase as you fill in additional details. Renew your membership in just a few clicks.

My Users

Manage your team by viewing user access and assigned roles. Easily add new employees.

My Locations (if applicable)

View all your locations at a glance. Each location has its own profile for accurate tracking and management.

My Rebate Reports

Access your quarterly and semi-annual rebate reports. You can also pay your membership renewal using your rebates.

Supplier Directory

Browse our directory of more than 200 suppliers to quickly find products, services, and solutions tailored to your business needs.

Member Resources

Access exclusive member news, the five most recent issues of our magazine, webinars, and a variety of guides and tools reserved for ARQ members.

Occupational Health and Safety

OHS tools designed for the realities of the restaurant industry

Designed specifically for the restaurant sector, ARQ's Occupational Health and Safety (OHS) website brings together tools and resources dedicated to workplace health and safety. No more searching through scattered sources! Self-assessments, procedures, guides, training sessions, webinars, and practical resources are all available in one place, making it easy to find the information you need.

Assess Your Situation

Complete one of the three OHS self-assessments to verify your compliance status. Each questionnaire takes approximately 5 to 7 minutes to complete. A report outlining any non-compliant items or areas for improvement will then be sent to you by email.

Prevent Risks in the Kitchen

Access 37 ready-to-post procedure sheets developed specifically for restaurant operations, covering equipment such as dough sheeters, fryers, mandolines, salamanders, and much more.

Ready-to-Use Guides

Simplify hiring and workforce management with practical guides covering key topics such as onboarding new employees, young workers, and foreign workers.

Webinars and Training

Watch online webinars and training sessions on practical topics including harassment prevention, kitchen machinery safety, temporary reassignment, OHS committees, and more.

Did You Know?



The website also includes resources on OHS committees, ergonomic practices, inspection checklists, workplace health and safety regulations, as well as procedures to follow in the event of an accident or other specific situations.

And it keeps evolving! New tools and information are added regularly to better support your prevention efforts.



Santé et sécurité du travail
en restauration

Discover ARQ's OHS Toolbox!

Scan the QR code to access all resources free of charge. Give your team the tools they need to work safely!





restauration.org

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